Pre-Aesthetic Services Instructions

* 7-10 days before your procedure, avoid taking Aspirin (or Aspirin products), Advil, Tylenol, Vitamin E, or other blood thinning medications to reduce the risk of bruising.
* Avoid sun exposure prior to treatment. Sunburned skin cannot be treated.
* Do not bleach, wax, or tweeze areas to be treated 1-2 days before procedure.
* Makeup will be removed from the areas being treated. If you are returning to work, you may want to bring makeup with you to reapply.